



## “Bridging the Gap between Faith and Health”

**We walk with individuals to be the bridge between health care, faith communities, and neighbors to promote an atmosphere of holistic health, healing, and wellness.**



**Vision:** Promoting a passion for holistic approaches to wellness, focusing on mind, body, and spirit by bridging our communities of healthcare, faith, and neighbors.

**Mission:** To be a conduit of transformation by connecting community resources, hospitals, faith communities, health care facilitates and social services all based on truth, care, dignity, and education to improve the total health of our neighbors.

### The Goals:

- 1.) To bridge the gaps that exist between healthcare providers, faith communities, community organizations, and other resources to better care for the physical, psychosocial, and spiritual needs existing within our community.
- 2.) To integrate isolated segments of our population toward the greater neighborhood around them for better care physically, emotionally, and spiritually.
- 3.) To create a culture of wellness by improving access to resources that will elevate holistic wellness in our neighborhoods.

### “Real Life” examples of how FaithHealth Appalachia will address needs include:

- ✓ Walking alongside churches and faith communities by establishing wellness and educational initiatives that fit within their mission as a congregation
- ✓ Providing and arranging emergent and scheduled transportation to appointments in hopes of avoiding readmission and preventable medical issues
- ✓ “Following the patient home” by identifying community resources available to individuals and bridging the gap to access points through community connectors
- ✓ Training and creating a network for Faith Community Nurses in local congregations
- ✓ Developing ‘fresh food’ initiatives and eliminating food insecurities by partnering with existing food pantries in the community and educating vulnerable neighbors toward healthier options